KU School of Medicine-Wichita Internal Medicine Residency Program

Journal Club Objectives

Journal Club is designed to provide residents with critical appraisal skills of the medical literature. An intern will be selected to present an article related to relevant clinical research each month. The article will be approved by the Program Director or designees. Residents will appraise each article critically to answer the following basic questions:

- ➤ Are the study results valid?
- ➤ What are the results?
- ➤ Will the results help my patient care?

Residents will develop the following competencies.

Practice-Based Learning and Improvement

The resident will use evidence from scientific studies and clinical guidelines effectively.

Resident knowledge and skills will include

- the appraisal of the study design, subject sample, and study methodology
- ➤ determining the applicability of study results to the resident's practice and patients
- ➤ the ability to determine and interpret likelihood ratios, sensitivity/specificity, pretest and post-test odds, pre-test and post-test probabilities, relative risk, absolute/relative risk reduction, and number needed to treat/harm.

Interpersonal and Communication Skills

The resident will present topics informally and formally to groups of learners.

Resident knowledge and skills will include:

- > clearly stated objectives for the presentation
- > appropriate understanding of basic epidemiological and/or statistical terms
- > reasonable and succinct conclusions

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KU School of Medicine-Wichita Internal Medicine Residency Program Journal Club Treatment Article Evaluation

Reference
Research Question/Hypothesis
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Are the results likely to be valid?
□ Patients were assigned randomly.
□ All patients were accounted for and attributed in the conclusions.
□ Clinicians and study personnel were blinded to treatment.
□ Study groups were similar at the start of the trial.
□ Study groups were treated equally.
□ Methods were appropriate for study design.
Are the results important?
☐ The study was powered appropriately.
□ All relevant statistics and results were reported accurately and completely.
□ All conclusions were reported accurately and completely.
□ Areas of future research were described.
Are the results applicable to my patients?
☐ The results were applicable to my patients.
☐ The treatment/methods are feasible in my clinical setting.
□ Benefits were worth the potential harms and costs.
□ Results address my patients' values and expectations.

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KU School of Medicine-Wichita Internal Medicine Residency Program Journal Club Meta-analysis Article Evaluation

Reference				
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Research Question/Hypothesis				
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Are the results likely to be valid?				
☐ The overview addressed a focused clinical question.				
☐ Appropriate criteria were used to select articles for inclusion.				
☐ It was unlikely that important, relevant articles were missed.				
□ Validity of included studies was appraised.				
☐ Assessments of the studies was reproducible.				
□ Results were similar from study to study.				
Are the results important?				
☐ All relevant statistics and results were reported accurately and completely.				
□ All conclusions were reported accurately and completely.				
☐ Areas of future research were described.				
Are the results applicable to my patients?				
☐ The results were applicable to my patients.				
☐ The treatment/methods are feasible in my clinical setting.				
☐ Benefits were worth the potential harms and costs.				
☐ Results address my patients' values and expectations.				